North America  
  
U.S.A.  
1. The Grand Canyon (U.S.A)  
While in Arizona, Cari hops on a mule **(Caution, they use the word “jack ass”)** for a ride into the Grand Canyon, and then hops aboard a helicopter for a sightseeing journey above this world wonder.   
2. Petrified & Painted (U.S.A)  
Cari creates a masterpiece in Arizona's Painted Desert, and isn't afraid to wander through the Petrified Forest with a paleontologist.  
3. Hoop Dancing in Phoenix (U.S.A)  
In Arizona, Cari dons an apron to make Native American fry bread before learning traditional hoop dancing from a young champion.  
  
Mexico  
1.Meeting the Monarchs: Mexico  
Cari heads to Mexico's Janitzio Island to meet the mariposeros, whose fishing nets look like butterflies. Then, she's off to a monarch butterfly sanctuary to see the largest insect migration in the world. Later, she enjoys traditional snacks on a rooftop overlooking a historic city.  
2. Roped at a Hacienda (Mexico)  
Our intern gets roped into working at a hacienda, where she finds out how a plant called sisal is harvested and turned into twine. She also visits a Mayan homestead and is put to work by a man named Don Antonio.  
3. Sweet Sounds of Mexico: Mexico  
Cari's in historic Mexico, where she helps make dulce at the candy museum, is entertained by a renowned children's choir, learns the art of copper making, and is invited to participate in the "dance of the old men". Phew!  
4. In Step with Mexico (Mexico)  
Paula joins hundreds of Mexican children in celebration of their culture. She tries corn-flavoured ice cream, makes tortillas and shows off some folkloric steps in front of a very large audience.  
5.Sunk in Mexico (Mexico)  
Paula jumps into this mission when Webmaster sends her to Mexico to uncover the underground world of cenotes. She also discovers the doorway to the Mayan underworld during a scuba dive.  
  
Costa Rica  
1.Saving the Rainforest: Costa Rica  
After whizzing through the rainforest on a zip line, Cari ventures by boat through an old mangrove forest. Later, she meets a group that's trying to save the rainforest and is happy to make friends with two tiny monkeys.  
2. The Maleku: Costa Rica  
Cari spends time with the Makelu, one of Costa Rica's indigenous tribes. She picks plants with them in the rainforest, helps to make crafts and prepares fish the Maleku way, in banana leaves.  
3.Active Arenal: Costa Rica  
In Costa Rica, Cari heads to an organic farm where she finds herself knee deep in tens of millions of pineapple plants. Then, she and her guide trek for a bird's eye view of the famous Arenal, one of the ten most active volcanoes in the world.